



# *Uphall Village Newsletter*

## *The Community Newsletter of Uphall Community*

Issue 10 2021

### **Community Council Meetings**

In the early stages of the pandemic, Uphall Community Council suspended our meetings to comply with covid19 regulations. However, as time elapsed we decided to re-start meeting via the video conferencing software zoom. As this technology is new to us, we have so far not advertised the meeting details.

If anyone has any issues they would like the Community Council to take up on their behalf, please contact a member using the contact information below:

Irene Bishop (Chair)	irene@uphallcc.org.uk
David Flight (Vice Chair)	david@uphallcc.org.uk
Lynne McEwen (Secretary)	lynne@uphallcc.org.uk
Fraser Graham (Treasurer)	fraser@uphallcc.org.uk
Gerald Paisey (Planning)	gerald@uphallcc.org.uk

Pippa Plevin	pippa@uphallcc.org.uk
Tom Parham	tom@uphallcc.org.uk
Jonathan Moore	jonathan@uphallcc.org.uk
George Scott	george@uphallcc.org.uk

Since early 2020, we have welcomed Jonathan Moore and George Scott to our membership. In the same period, we bid farewell to longstanding member Liz Scobie. Our meetings are held virtually on the 3<sup>rd</sup> Wednesday of the month.

### **Passing of Alex Davidson - community stalwart and former councillor**

We were saddened to learn of the passing of Alex Davidson in November 2020. Alex served as a dedicated local Councillor for over 20 years. He had our community at heart and was equally interested in all age groups within the community. He could always be seen helping at the local Gala Days - sometimes driving the car carrying the Gala Day Queen, carrying boxes or using the megaphone to entertain the crowds. He loved to watch the children perform at school events and he also enjoyed entertaining the seniors with a song or two at the various Christmas events he attended.



*Picture of Alex enjoying the job of entertaining the crowds at an Uphall Children's Gala Day Parade.*

## ***Thank you to our local heroes***

Uphall Community Council would thank to all key and essential work as normal throughout this aspects of our lives as normal as

We also thank individuals and as Uphall Helping Hands and Help who have done so much to time.



like to extend their most grateful workers who have continued to pandemic. To keep so many can be is very much appreciated.

volunteer community groups such Broxburn & Uphall Coronavirus help others during this difficult

## ***Town Centre Funding - Ancre Somme Association Scotland***

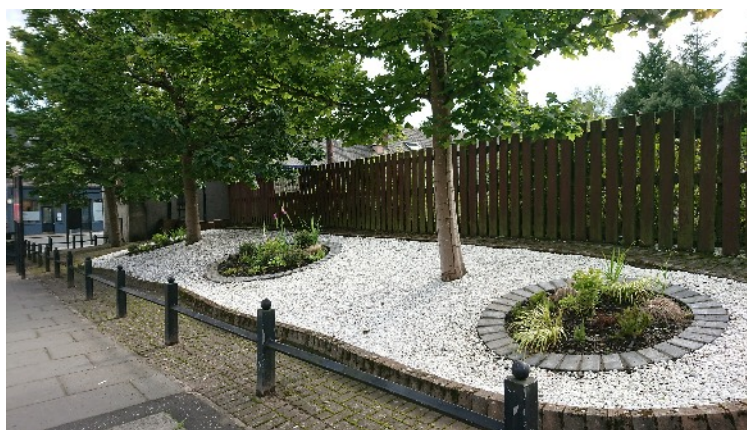
Uphall Community Council was delighted to support an application for funding from last years Town Centre Fund allocation by the Ancre Somme Association Scotland.

The Ancre Somme Association secured funding for a memorial to remember the animals who have served our nation from WW1, WW2 to the current day. It is their intention to hold an annual Purple Poppy Campaign.

The citing of the new Memorial will be a the foot of the Ecclesmachan Road in Uphall.

They have asked for the help of local residents to knit or crochet Purple Poppies - patterns on the last page. For more information, please contact Uphall Community chair Irene Bishop via [irene@uphallcc.org.uk](mailto:irene@uphallcc.org.uk) or our facebook page.

Separately, Uphall Community Council intend to sow Poppy Seeds around the village.



## ***Town Centre Funding - Middleton Hall Bowling Club***

Uphall Community Council was also delighted to support an application for funding from last years Town Centre Fund allocation by Middleton Hall Bowling Club.



They were successful in securing funding to do remedial work, which is now under way, to the exterior of the building and car parking area.

There have been many positive comments from passers-by as to how the appearance has changed.

The committee tell us that the interior of the club is also undergoing refurbishment and should be available for functions as and when covid19 restrictions are lifted.

For information about the Bowling Club, please visit: <https://www.facebook.com/pg/middletonhallbc/>



## Pilot of Broxburn & Uphall Town Service

Members of the Public Transport department of West Lothian Council engaged with Uphall Community Council in the development of a pilot town service community bus. The community bus, operated by HcL, will help people who live in the residential areas of Uphall and Broxburn access key services such as health and community centre, along with shops in the town centres, extending to Lidl's new store. Within residential areas, the services will operate as a hail and ride service. Link to timetable: <https://www.westlothian.gov.uk/broxburn-uphall-town-bus>



### Broxburn & Uphall Town Service

Operates Monday—Friday

#### Service 2A

Stop Name	2A	2A	2A	2A	2A
Stewartfield Rd (Hoban Square loop)	09:00	11:00	13:00	15:00	17:00
Lidl	09:04	11:04	13:04	15:04	17:04
Broxburn opp Co-op	09:06	11:06	13:06	15:06	17:06
Strathbrock Partnership Centre	09:11	11:11	13:11	15:11	17:11
Stankards (Houston Gardens)	09:18	11:18	13:18	15:18	17:18
Crossgreen Triangle	09:27	11:27	13:27	15:27	17:27
Kirkhill (Arbuckle Grove)	09:32	11:32	13:32	15:32	17:32
Strathbrock Partnership Centre	09:38	11:38	13:38	15:38	17:38
Broxburn @ Co-op	09:42	11:42	13:42	15:42	17:42
Lidl	09:44	11:44	13:44	15:44	17:44
Stewartfield Rd (Hoban Square loop)	09:48	11:48	13:48	15:48	17:48

### Broxburn & Uphall Town Service

Operates Monday—Friday

#### Service 2B

Stop Name	2B	2B	2B	2B
Stewartfield Rd (Hoban Square loop)	09:52	11:52	13:52	15:52
Broxburn opp Co-op	09:56	11:56	13:56	15:56
Strathbrock Partnership Centre	10:00	12:00	14:00	16:00
Loaninghill Road	10:04	12:04	14:04	16:04
Timmeryetts (Galmeilen)	10:08	12:08	14:08	16:08
Wyndford Avenue	10:11	12:11	14:11	16:11
Strathbrock Partnership Centre	10:14	12:14	14:14	16:14
Broxburn @ Co-op	10:17	12:17	14:17	16:17
Lidl	10:20	12:20	14:20	16:20
Stewartfield Rd (Hoban Square loop)	10:25	12:25	14:25	16:25

## ***Uphall Golf Clubhouse Fire***

We were extremely saddened to learn of the extensive fire at Uphall Golf Clubhouse. The building has since been demolished.

The course at Uphall Golf Club is open and refreshments are now available from the Soup Shack situated in the car park.

Our friends at Uphall Golf Club have plans to resurrect the clubhouse in due course and we all look forward to its re-opening in the future.

## ***Vehicle Break-ins***

Over the last period, we've been made aware of numerous car and van break-ins. Advice from the police is to ensure that no valuables are left in vehicles, especially over night.

Even if leaving your car for a short period, please ensure you do not leave any valuables clearly visible, as many of these crimes are by opportunist thieves.

## ***Dog Fouling***

The Community Council continues to receive regular reports from concerned residents about dog fouling in our locality.

At a recent meeting, we discussed the impact of dog fouling on those who are visually impaired, wheelchair users and those pushing prams.

If you are dog owner, please ensure you BAG and BIN. If the bins are full, please carry to another bin or take it home with you to dispose of in your own bin.

We hope to work with our Environmental Officers on a campaign to educate and eradicate this disgusting behaviour.

## ***Burn Edge Park***



The park situation between Burnside, Loaninghill and Middleton is now called Burn Edge Park - the name chosen by a pupil from Uphall Primary School.

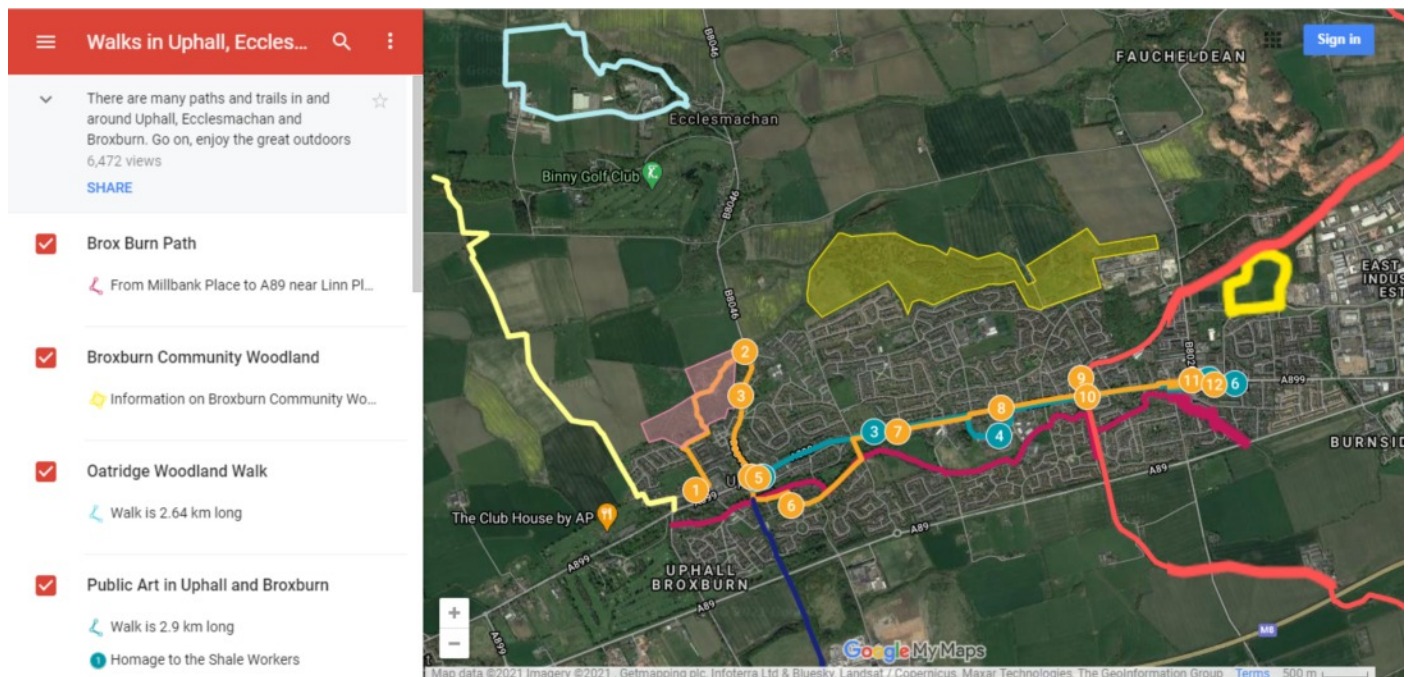
Allocations from the 2019-20 Town Centre Fund enabled the path to be laid and the installation of two picnic tables & three benches.

We are pleased to see that the park is being used by wide demographic of our residents.



## ***Walks in Uphall, Ecclesmachan and Broxburn***

There are many paths and trails in and around Uphall, Ecclesmachan and Broxburn.



This map is the work of two local community councillors and can be viewed at:  
<https://www.broxburnanduphall.com/index.php/places-to-visit/walks-in-the-local-area>

Some other local walks include:

Uphall & Broxburn Heritage Art Trail - <https://www.broxburnanduphall.com/index.php/heritage-art-trail>  
Rights of Way and paths in Ecclesmachan - <http://www.ecclesmachan.org.uk/pp/index2.htm>  
The Shale Trail - <https://shaletrail.co.uk/>

## ***Winter Lights at corner of Ecclesmachan Road***

The lights were funded by BUTCMG (Broxburn & Uphall Town Centre Management Group). In the winter months, they have really brightened up the trees and created a nice feature in the village.





## ***Covid19 Memorial Bench at Middleton Hall***

Lynn Smith from the SMILE Centre is currently fundraising for a granite Memorial Bench to remember both Middleton Hall and local residents who either lost their lives or suffered from covid19.

The bench will be situated close to the SMILE centre (the old pavilion) and near to the start of the Fairy Trail.

Anyone who would like to donate or find out more should contact Lynn Smith via the Middleton Hall Daily Sparkle page on facebook at: <https://www.facebook.com/SmileCentreUphall> or by telephoning 01506 852469.

## ***Broxburn and Uphall Litter Pickers***

Uphall Community Council would like to thank the volunteers from Broxburn and Uphall Litter Pickers for the fantastic work they are doing locally. They are making a big difference to our surroundings and we appreciate their hard work.



The photo above was taken from Broxburn and Uphall Litter Pickers facebook page. If you wish to get involved, their facebook page can be viewed at: <https://www.facebook.com/groups/bulps>

## ***Fly Posting***

Broxburn and Uphall Traders Association (BUTA) and the Broxburn and Uphall Town Centre Management Group (BUTCMG) have been working hard over the last few years to eradicate fly posting in both communities. Fly posting is illegal. The picture opposite shows the most recent vandalism in Uphall - which shows both fly-posting and spray paint on top. Telecommunications and bus shelters throughout the area have been targeted. The posters can be removed with ease, but the spray-paint is much more difficult to remove. IF you see anyone committing these offences, please contact the police to report it.



## Fun Activity - Word Search

Word search from <https://thewordsearch.com>:

### Scottish Towns, Cities or Villages

O	Y	E	D	I	N	B	U	R	G	H	F	L	U
C	R	D	I	N	G	W	A	L	L	O	G	D	L
R	O	A	F	O	R	E	S	S	R	L	L	U	L
I	M	I	O	W	B	I	P	T	E	L	A	N	A
E	R	K	R	I	O	K	W	O	O	A	S	D	P
F	E	I	E	S	U	I	T	R	H	W	G	E	O
F	B	R	N	D	L	N	D	N	T	K	O	E	O
A	O	K	H	L	O	R	S	A	R	R	W	R	L
L	T	C	I	L	H	O	I	W	E	I	G	C	S
C	R	A	A	I	W	S	L	A	P	K	E	U	A
U	M	L	A	E	G	S	I	Y	W	Y	L	L	K
P	K	D	A	L	P	I	T	L	O	C	H	R	Y
A	O	Y	S	E	H	T	O	R	N	E	L	G	L
R	A	R	I	S	E	L	B	E	E	P	A	G	S

KINROSS  
GLASGOW  
GLENROTHES  
PITLOCHRY  
FORT WILLIAM  
TOBERMORY  
STORNAWAY  
EDINBURGH  
ULLAPOOL  
DINGWALL  
CUPAR  
DUNDEE  
KIRKCALDY  
PERTH  
CRIEFF  
PEEBLES  
KIRKWALL

Play this puzzle online at : <https://thewordsearch.com/puzzle/5098/>

## Fun Activity - Science

### Materials:

- A clean plastic bottle, try to use one with smooth sides
- water
- Vegetable Oil (or you could use Mineral or Baby Oil instead)
- Fizzing tablets (such as Alka Seltzer)
- Food Colouring

### Instructions:

Fill the bottle up about 1/4th (1 quarter) with water.

Pour the vegetable oil in the bottle until it is almost full. You may want to use a measuring cup with a spout or a funnel. You may have to wait a couple of minutes for the oil and water to separate.

Add a few drops of your favourite food colouring. Watch as the colour sinks through the oil. Did your drops of colour mix with the water immediately or float in between for a few minutes?

Break your fizzy tablet in half and drop part of it into the bottle. Get ready ... here come the bubbly blobs!

You can even get a flashlight, turn off the lights and drop in another half tablet. This time shine the flashlight through the lava lamp while the blobs are bubbling!

For more science fun and activities:  
<https://www.sciencefun.org/kidszone/experiments/lava-lamp/>

## ***Purple Poppy - Patterns to knit or crochet***

Earlier in this newsletter, there is an article about the Ancre Somme Association Scotland requesting our help to knit or crochet purple poppies. Below are patterns which may help:

### *Knitted - Easy ribbed poppy pattern*

**Colour A - Purple** (one ball will make a lot of poppies)

**Colour B - Black wool**

**Body of Poppy** - Using Col A cast on 60 stitches

Rows 1-10: K2, P2 across whole row (for a slightly smaller poppy do 8 rows of rib)

Row 11: knit 2 stitches together across the row (30 stitches)

Row 12: Slip 1 stitch, knit 2 stitches together then pass the slip stitch over... repeat across the whole row (10 stitches) break off yarn with long tail and thread back through remaining stitches and pull tight. Join edges with mattress stitch

**Centre of Poppy** - Using B, cast on 16 sts.

Cast off.

Coil into a tight spiral and sew base into the centre.

### *Crocheted Poppy Pattern*

**Body of Poppy** - Purple

**Centre of Poppy** - Black wool

Leaving a length of wool when casting on and off will allow the poppy to be tied to an animal's collar.

Yarn - Any purple and black.

Hook - 3.5mm, but try larger to see the effect.

### **Body of Poppy**

Round 1: Make a magic loop, make 10 dc in the loop and draw tight, join with ss.

Round 1 (alternative): Make a starting chain of 4 ss to for a circle. Make 10 dc in the circle and join with ss to first dc.

Round 2: \*ch1, dc, ch1, 2tr in next st, 3tr in next st, (2tr ch1 tr) in next st, ss in next 2st.rpt from \* around and join ss.

Round 3: \*ch1 3dc in next 2 sts, 2dc in next 5 sts, 3dc in next 2 sts, ss in next 2sts. Rpt from \* around, fasten off.

### **Centre of Poppy**

Make a magic loop, 8dc into loop, tighten and fasten off.

